




Developmental Checklist—6 to 36 Months






This chart will help you to evaluate your child’s development. It is important to remember that each child develops at his/her own pace. When you use this chart to compare your child’s development, observe your child over a period of time. If your child is showing warning signs, is not reaching these milestones within the age range listed, or has overall risks for delays, call **CHAYAH THERAPY** at **832-490-8488** for information and assistance. Talk to your child’s physician about your concerns. Anyone - such as a family member, a physician or health care provider, a child care provider – can make a referral to First Steps.

Some Overall Risks and Red Flags for Delays:

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| <ul style="list-style-type: none"> <input type="checkbox"/> Complicated Birth History <input type="checkbox"/> Illness/complications during infancy requiring recurrent medical care <input type="checkbox"/> History of ear infections <input type="checkbox"/> Other diagnoses such as autism, Down syndrome, ADHD, hearing impairment, etc <input type="checkbox"/> Premature birth or very low birth weight | <ul style="list-style-type: none"> <input type="checkbox"/> Limited prenatal care <input type="checkbox"/> Severe prenatal or perinatal complications <input type="checkbox"/> Maternal prenatal substance use <input type="checkbox"/> Small for gestational age <input type="checkbox"/> Multiple births <input type="checkbox"/> Immediate family members with delays, learning difficulties, or diagnosed condition |
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Child’s Age	Milestones	Warning Signs
By 6 months 	<ul style="list-style-type: none"> ⇒ Making sounds other than crying ⇒ Rolling from stomach to back and back to stomach ⇒ Beginning to sit up ⇒ Grasping, reaching and transferring toys from hand to hand ⇒ Reacting to sounds and responding voices 	<ul style="list-style-type: none"> ⇒ Difficulty sucking ⇒ Not gaining height and weight ⇒ Not responding to sounds and voices ⇒ Not beginning to make sounds other than crying ⇒ Stiff limbs/overall tightness ⇒ Weak limbs ⇒ Not using hands to play with toys ⇒ Not smiling in response to others
By 12 months 	<ul style="list-style-type: none"> ⇒ Babbling with 6– 7 different consonant sounds such as m or d ⇒ Imitating sounds and saying a few words ⇒ Responding to simple words such as no and bye ⇒ Gesturing and vocalizing to request ⇒ Creeping, crawling and cruising ⇒ Sitting alone ⇒ Pulling to a stand ⇒ Picking up small objects and banging objects on the table ⇒ Playing pat a cake or peek a boo ⇒ Holding out objects to “show” ⇒ Feeding self small bits of cereal ⇒ Playing with caregivers ⇒ Exploring and touching a variety of textures 	<ul style="list-style-type: none"> ⇒ Not imitating sounds ⇒ Not babbling different sounds ⇒ Not saying a few words ⇒ Not pointing and vocalizing to request to meet needs ⇒ Not responding to name or to simple words such as “bye” or “no”. ⇒ Not standing, crawling and sitting on own ⇒ Not picking up small objects ⇒ Not playing with parents, siblings and toys
By 18 months 	<ul style="list-style-type: none"> ⇒ Responding to simple requests such as “give me the ball” ⇒ Listening to simple rhymes and songs ⇒ Tasting foods with a variety of textures ⇒ Imitating and saying a few words (10 – 15 words) ⇒ Jabbering in a way that sounds like language ⇒ Walking without support ⇒ Playing in a typical way with toys ⇒ Showing affection ⇒ Looking at books and turning pages ⇒ Scribbling with a crayon ⇒ Putting objects in container ⇒ Using a spoon with some spilling and drinking from a cup 	<ul style="list-style-type: none"> ⇒ Not responding to simple requests ⇒ Not listening to stories or songs ⇒ Not imitating and saying words ⇒ Not walking independently ⇒ Not playing with toys and caregivers ⇒ Not showing a variety of emotions ⇒ Not scribbling or putting objects in a container ⇒ Not self-feeding ⇒ Avoiding textures

Child's Age	Milestones	Warning Signs
<p data-bbox="107 184 248 212">By 24 months</p> 	<ul style="list-style-type: none"> ⇒ Using more words and putting words together ⇒ Showing interest in and playing with a variety of toys ⇒ Pointing to a few pictures of familiar people or objects and body parts ⇒ Obeying simple two part commands ⇒ Speech can be understood about 65% of the time ⇒ Running, jumping, climbing, kicking and throwing ⇒ Using crayon to make lines and circular scribbles ⇒ Building a 4 – 6 block tower and putting pegs in a peg board ⇒ Says “no” often ⇒ Engaging in parallel and pretend play ⇒ Playing alone for a few minutes ⇒ Removing clothes 	<ul style="list-style-type: none"> ⇒ Not putting words together ⇒ Not obeying simple commands some of the time ⇒ Not physically active ⇒ Not scribbling or building with blocks ⇒ Not showing interest in toys and social or pretend play ⇒ Not expressing affection ⇒ Not beginning to undress self ⇒ Sensitive to or avoiding a variety of textures
<p data-bbox="107 672 248 699">By 30 months</p> 	<ul style="list-style-type: none"> ⇒ Using 3—4 word sentences frequently ⇒ Answering simple questions such as “What is your name?” or “Where are you going?” ⇒ Following 2 step directions ⇒ Speech is understood by people outside the family most of the time ⇒ Walking up and down stairs ⇒ Building 8 block tower, snipping with scissors, and placing square pegs in a board ⇒ Expressing emotions ⇒ Interest in playing with others but may not share well ⇒ Putting on some clothing independently, feeding self with utensils, washing/drying hands 	<ul style="list-style-type: none"> ⇒ Not talking in simple sentences or answering simple questions ⇒ Speech is difficult to understand ⇒ Physically awkward or clumsy or inactive ⇒ Not feeding and dressing self ⇒ Not interested in social play and playing with a variety of toys ⇒ Not expressing a variety of emotions
<p data-bbox="107 1050 248 1077">By 36 months</p> 	<ul style="list-style-type: none"> ⇒ Has vocabulary of at least 300 words, expressively ⇒ Is intelligible about 80% of the time ⇒ Relating experiences using short grammatical sentences ⇒ Climbing, catching, riding a trike, jumping, going up and down stairs alone and running well ⇒ Actively playing with a variety of toys including puzzles, books, pegs, crayons and blocks ⇒ Feeding self and dressing and undressing with minimal assistance ⇒ Playing simple interactive games and enjoying playing with others ⇒ Beginning to obey simple rules 	<ul style="list-style-type: none"> ⇒ Limited vocabulary ⇒ Difficult to understand ⇒ Leaving endings off words ⇒ Not answering simple questions or relating experiences ⇒ Not speaking in simple 4 word sentences ⇒ Physically awkward or clumsy or inactive ⇒ Not playing with a variety of toys ⇒ Not obeying simple rules ⇒ Not interested in playing with other children

If you have concerns about your child’s development, call Chayah Therapy, 832-490-8488, for information or assistance.

www.chayahtherapy.com